





Monday	Tuesday	Wednesday	Thursday	Friday	Hempfield School District Breakfast & Lunch Program Elementary
Daily Lunch Choices Choice #1 Main Event Meal Choice #2 Alternate Meal Choice #3 Yo To Go Meal Bagged carrot sticks: Offered Monday – Thursday as a second vegetable option. Students may choose 2 vegetables. Fruit Offerings: Students choose up to (1) fruit which consists of: juice, fresh fruit, or canned fruit. Student are served and can choose from an assortment of fruit served in half portions daily.				Hot, Fresh & Healthy Lunch Choices!	
Balance and purchasing history? Visit: www.myschoolbucks.com	Reminder: All students who qualify for a reduced price lunch can eat breakfast for free!			Menu Subject To Change	Adult Meal Pricing: Main Line Meal: \$4.25 - \$5.00 Breakfast: \$2.30
		 Holiday Break December 24th – January 2 nd	Hempfield Food Services is not a peanut/tree nut free facility. Some foods served do come from facilities where foods with nut products are produced or produced on shared lines.	Did You Know? Chef choice days allow food service managers to offer a different variety of items to students while maintaining food costs along with keeping inventory low!	Daily Breakfast Choices Choice #1 Featured Entrée Choice #2 Cold Cereal Gluten Free General Mills Rice Chex Cereal, Cheerios or Cinnamon Fruit/Juice Choice Milk Please Check for availability
December 3 Pillsbury Mini Cinnis or Cinnamon Rush French Toast Assorted Fruit/Juice & Milk Choice Hot Dog on Wheat Roll Or Cheeseburger w/ Fixings Home-Style Bake Beans Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	December 4 Warm Cinnamon Roll or Pillsbury Apple Strudel Assorted Fruit/Juice & Milk Choice Chicken Tenders w/ Roll Or Max Cheese Sticks w/ Marinara Steamy Peas Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	December 5 WG Donuts or WG Kellogg’s Pop Tarts Assorted Fruit/Juice & Milk Choice Meatball Sub w/ Mozzarella Cheese Or Domino’s Smart Slice Pizza Steamy Broccoli Florets Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	December 6 Assorted 4oz Warm Muffins Stuffed Croissant Breakfast Sandwich Assorted Fruit/Juice & Milk Choice Holiday Lunch Turkey w/ Mashed Potatoes, Gravy, Green Beans, Stuffing, & Dinner Roll Or Chef’s Choice Assorted Fresh Fruit, Canned Fruit, & Milk Choice Hershey’s Candy Cane Ice Cream Cup	December 7 WG Dutch Waffle or Assorted Breakfast Foods Assorted Fruit/Juice & Milk Choice Stuffed Crust Cheese Pizza Or Chicken Nuggets w/Roll Chef’s Hot Vegetable Choice Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	<h1>December 2018</h1>
December 10 Pillsbury Mini Cinnis or Cinnamon Rush French Toast Assorted Fruit/Juice & Milk Choice Big Daddy’s Cheese Pizza Or Sweet & Sour Popcorn Chicken Served Sweet & Sour Sauce on the side Dinner Roll & Fortune Cookie Steamy Broccoli Florets & Rice Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	December 11 Warm Pillsbury Mini Waffles Blueberry/Cinnamon or Warm Cinnamon Roll Assorted Fruit/Juice & Milk Choice Walking Taco w/ Beef, Cheese, Lettuce, & Tomato Or Chicken Patty w/ Fixings Home-Style Baked Beans Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	December 12 WG Donuts or WG Kellogg’s Pop Tarts Assorted Fruit/Juice & Milk Choice Penne Pasta w/ Meatballs & Roll Or Domino’s Smart Slice Cheese Pizza Steamy Peas Assorted Fruit & Juice Choice Milk Choice	December 13 WG Maple Mini Pancakes or Strawberry splash Pancakes Applesauce Cup, Juice, & Milk Choice Cheeseburger w/ Fixings Or BBQ Rib Sandwich Baked Potato Wedges Assorted Fruit & Juice Choice Milk Choice Milk Choice & Happy Birthday Cupcake	December 14 WG Dutch Waffle or Assorted Breakfast Foods Assorted Fruit/Juice & Milk Choice Stuffed Crust Cheese Pizza Or Chicken Nuggets w/Roll Steamy Carrots Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	
December 17 Assorted Hot & Cold Breakfast Foods Assorted Fruit/Juice & Milk Choice Land O Lakes Mac & Cheese w/ Roll Or Popcorn Chicken w/ Roll Carrot Sticks w/ Ranch Dip Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	December 18 Assorted Hot & Cold Breakfast Foods Assorted Fruit/Juice & Milk Choice Hot Ham & Cheese Pretzel Sandwich Or Cheeseburger w/ Pickles Home-Style Baked Beans Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice Happy Birthday Cup Cake	December 19 WG Donuts or WG Kellogg’s Pop Tarts Assorted Fruit/Juice & Milk Choice Grilled Cheese, Tomato Soup, & Gold Fish Crackers Or Domino’s Smart Slice Cheese Pizza Steamy Broccoli Florets Assorted Fruit & Juice Choice Milk Choice Last Day for Yo To Go Meals	December 20 Assorted Hot & Cold Breakfast Foods Assorted Fruit/Juice & Milk Choice Brunch Lunch French Toast Sticks Sausage Links or Yogurt Cup Or Chicken Patty Sandwich w/ Pickles Hash Browns Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	December 21 WG Dutch Waffle or Assorted Breakfast Foods Assorted Fruit/Juice & Milk Choice Stuffed Crust Cheese Pizza Or Chicken Nuggets w/Bread Choice Chef’s Vegetable Choice Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	

Monday	Tuesday	Wednesday	Thursday	Friday	Hempfield School District Breakfast & Lunch Program Elementary Student Meal Pricing: Main Line Meal: \$2.45 Domino's Pizza Meal: \$2.65 Big Daddy's Pizza Meal: \$2.65 Yo To Go Meal: \$2.45 Milk: \$0.65 Fruit A La Carte: \$0.75 Full Pay Breakfast: \$1.35 Reduced Price Breakfast: \$0.00 Adult Meal Pricing: Main Line Meal: \$4.25 - \$5.00 Breakfast: \$2.30
Daily Lunch Choices Choice #1 Main Event Meal Choice #2 Alternate Meal Choice #3 Yo To GO Meal Bagged carrot sticks: Offered Monday – Thursday as a second vegetable option. Students may choose 2 vegetables. Fruit Offerings: Students choose up to (1) fruit which consists of: juice, fresh fruit, or canned fruit. Student are served and can choose from an assortment of fruit served in half cup portions daily.					
Balance and Purchasing history? Visit: www.myschoolbucks.com	Reminder: The Food Service Department has part time Substitute positions available! Call our office today at 717-898-5566 for further information or go online to apply at www.hempfieldsd.org/apply No Nights, No Weekends, & No Holidays To Work! PAID TRAINING New Hourly Rate \$10.61		Did You Know? Hempfield has 10 production kitchens and prepares meals onsite for each school! Our staff take great care ensuring your child receives the best meal service.	Gluten Free General Mills Cereals Rice Chex Cinnamon Rice Chex Cheerios Honey Nut & Fruity Cheerios Lucky Charms Assorted Fruit Fresh & Canned Assorted Fruit Juice Milk Please Check for availability	
December 24 No School	December 25 No School	December 26 No School	December 27 No School	December 28 No School	

Online Payment: To view your child's account or to put money in your child's account via credit or debit, please go to My School Bucks to create your free online account, www.myschoolbucks.com. The system only charges a fee when households utilize the online payment options.

Meal Applications: For free and reduced breakfast and lunch benefits, apply anytime at www.ezmealapp.com.

PACKERS: Juice, bottled water, extra servings of fruit, vegetables, snacks, and milk choices are all available to students to purchase a la carte who pack their lunch.

Non-Discrimination statement: The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found on line at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866)632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202)690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339

(800)877-8339 or (800)845-6136(Spanish). For any other information dealing with Supplemental Nutrition Assistance Program (SNAP) issues, persons should either contact the USDA SNAP Hotline Number at (800)221-5689, which is also in Spanish or call the State Information/Hotline Numbers (click the link for a listing of hotline numbers by State); found online at http://www.fns.usda.gov/snap/contact_info/hotlines.htm "In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

Hempfield School District and the USDA are equal opportunity institutions and do not discriminate on the basis of race, color, national origin, sex and handicap in its activities, programs or employment practices.